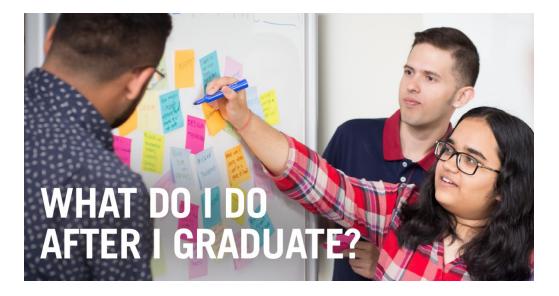# TROOST ILEAD

Design Your Life

January 30 | 11:00 am - 4:00 pm | Zoom
As taught by the Stanford Life Design Lab

What do I want to do with my life after undergrad? How do I navigate an uncertain job market in a global pandemic? Prototype answers to these questions at Design Your Life!

Design Your Life is a full day workshop developed at Stanford University which uses design thinking to address the "wicked problem" of cultivating a meaningful life and career. You will: 1) define three career and life prototypes, 2) brainstorm ideas to act on those prototypes; and, 3) develop awareness of what is important to you. Come equip yourself to find direction and move forward with self-knowledge and intention.

Register by January 25, 5pm
EST https://ilead.engineering.utoronto.ca/event/design-your-life/

Delivered by Troost ILead